MD NOOR FARAZ

WORK RIDER | EXERCISE RIDER | TRACK WORK RIDER

Phone: +91 8521025041 **Email:** noorfarazn2f@gmail.com
Location: Bihar, India **Driving:** Two-wheeler and four-wheeler licences

PROFESSIONAL PROFILE

Dedicated and hardworking Thoroughbred Work Rider / Track Work Rider with **4+ years of hands-on experience** in professional racehorse training at Mysore Race Club, India, working under licensed racehorse trainer **Mr. Michael Eshwer**. Experienced in daily exercise riding and track work, racehorse conditioning, daily swimming-pool exercise, horse handling, grooming, washing, feeding, saddling, bridling and race-day operations. Experienced working directly with the trainer when stable horses are entered to race, including pre-race preparation and race-day stable duties.

KEY EQUINE & RACING SKILLS

- **Riding & Conditioning:** Thoroughbred exercise riding, track work, racehorse conditioning and fitness work, trainer-directed exercise programmes and daily equine swimming/pool exercise.
- **Race-Day Work:** Race-day stable duties, working alongside the trainer, saddling and pre-race preparation, horse handling at race meetings and post-race care.
- **Horse & Stable Care:** Racehorse handling, grooming, washing, brushing, feeding, saddling, bridling, equipment handling and monitoring health, fitness and behaviour.

PROFESSIONAL RACING EXPERIENCE

TRACK WORK RIDER / RIDING BOY

Michael Eshwer Racing Stable – Mysore Race Club Ltd, Mysore, India | 2022 – Present

- Ride racehorses for daily exercise and track work according to the trainer's instructions and training programme.
- Assist with racehorse conditioning and fitness preparation, including **daily swimming-pool exercise**.
- Safely handle horses before, during and after swimming sessions and other training work.
- Groom, wash and brush horses; prepare horses for exercise and racing; saddle and bridle correctly.
- **Participate in race-day operations whenever stable horses are entered to race.**
- **Work alongside the trainer on race days**, including saddling, pre-race preparation, equipment/final checks and other stable duties.
- Handle horses during race meetings and assist with post-race care and returning horses safely to the stable.
- Monitor health, fitness and behaviour; report concerns to the trainer and assist veterinarians during routine checks/treatments.
- Assist with feeding, general yard duties, equipment handling and stable organisation.

EDUCATION & QUALIFICATIONS

Graduate in Politics | Half Graduate in Computer Science
ITI – Electrician | 12th Standard – Mathematics & Science

COMPUTER & TECHNICAL SKILLS

Advanced Computer Knowledge: Microsoft Word, Excel, PowerPoint and general computer applications.
Programming: C, JavaScript and Python.
AI: Advanced AI knowledge.
Stable Administration: Google Sheets for stable schedules and routine organisation.

DRIVING & LANGUAGES

Driving: Two-wheeler and four-wheeler driving licences.
Languages: English, Hindi, Urdu.

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RACING & HORSE CARE EXPERIENCE

Daily Racehorse Exercise — Regularly ride and exercise racehorses as part of structured training routines, following trainer instructions and individual exercise schedules.

Track Work — Practical experience riding racehorses for daily track work and assisting with fitness and conditioning programmes.

Swimming & Conditioning — Daily hands-on experience with racehorse swimming-pool exercise, including safe handling before, during and after pool work.

Race-Day Operations — Participate in race days whenever stable horses are entered to race, working alongside the trainer with saddling, pre-race preparation, horse handling and other race-day stable duties.

Horse Preparation — Prepare horses for exercise and racing through grooming, washing, brushing, saddling and bridling.

Horse Welfare — Observe horses' health, fitness, behaviour and general condition and communicate concerns to the trainer.

Stable Management — Assist with feeding, routine horse care, equipment handling and general stable and yard duties.

Veterinary Support — Assist veterinarians during routine health checks and treatments.

Teamwork — Work within a professional racing stable and follow established routines, schedules and trainer instructions.

PROFESSIONAL STRENGTHS

- Reliable, hardworking and disciplined.
- Comfortable with early starts and physically demanding stable and race-day work.
- Safety-conscious when handling and exercising racehorses.
- Able to follow trainer instructions and established training routines.
- Committed to horse welfare and maintaining a clean, organised working environment.
- Comfortable working as part of a racing-yard team during training and race meetings.

CAREER OBJECTIVE

To join a professional Thoroughbred racing yard as a Work Rider / Exercise Rider, bringing practical experience in racehorse riding, track work, swimming, daily horse care and race-day operations while continuing to develop professionally within the racing industry.

REFERENCES

Mr. Michael Eshwer
Licensed Racehorse Trainer
Mysore Race Club Ltd, Mysore, India
Reference available on request.

Available for international racing-yard opportunities.